

August 2022, Issue 7

View online version [here](#)**Register HK Event: Socially Disconnected, The Trend Toward Loneliness (Sep 8, 8:30pm HKT)**

Loneliness is a phenomenon sweeping many demographic segments of the globe in the 21st century. Young people from Asia and the West are increasingly feeling societal and family pressure to settle down, get married and have a family at a time when it's becoming more and more difficult to find a compatible partner.

Changes to brain function from popular online and offline addictive activities may be contributing to being “un-loved”. In addition, career and financial pressures are contributing to some young people’s desire to “lay flat”, while others are working so hard to pay off bills and student loans they have no time to be in committed relationships.

Are lonely people fatalistic about the world having grown up with a generation of broken families, or are they simply refusing to live the traditional lives of their parents? How has the popularity of social media reinforced or altered the loneliness stereotype or has it helped lonely people to connect? And why are dating apps and reality television programs about singles partnering up more popular than ever across the globe when people are more lonely and isolated than ever before?

Join our University of Chicago Associate Professor of Psychology [Greg J. Norman](#) as he discusses how love and loneliness can alter the brain from a neuroscience perspective and what we can do to feel more personally connected in today’s world.

REGISTER NOWThe Hong Kong Jockey Club University of Chicago Academic Complex
The University of Chicago Francis and Rose Yuen Campus in Hong Kong

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